

World Environment Day 5. June 2025



Before The Flood is a documentary released in 2016 that features Fisher Stevens and Leonardo DiCaprio, who explores the global effects of climate change and the need to take action immediately. He travels across the world, visiting multiple continents, meeting with experts, presidents and activists to understand the causes, the consequences and solutions to all these problems and to try bringing the attention of the whole world.

In the documentary, several major environmental issues are explored, such as deforestation, particularly in the Amazon and Indonesia, where large areas of forest are cleared for agriculture, especially palm oil production, which reduces the Earth's ability to absorb carbon dioxide. Another problem is the dependence on fossil fuels like coal, oil and natural gas, which release greenhouse gases and affect global warming.

The film also highlights the rapid melting of ice in the Arctic and Greenland, resulting in the rise of sea levels.

DiCaprio also visits China, a country that regularly invests in renewable energy, which is a huge example to the whole world of how we could produce energy without polluting it with an infinite energy source.

In my opinion, there were two moments that had an impact on me, which were the documentary in general, witnessing the world "dying" and knowing that humans are the cause of this and just thinking that some politicians think climate change is a natural act and that the humanity isn't guilty. All of this has had a negative impact on the environment, such as rising sea levels, global warming and a lot of other aspects.

After watching the documentary, I was able to confirm some previous ideas, and it helped me strengthen my beliefs that climate change is a consequence of human activity and that it can and should therefore be solved by humans.

I think people feel encouraged to take steps to help fighting climate change. Little things that could really have an impact are for example, using public transport, saving energy by using renewable energy sources when possible. The film also draws attention to political involvement, as their words and their laws can have a bigger impact on the world.



Leonardo witnessing the effects of global warming as ice sheets rapidly disappear

Burning forests in Indonesia contributing to carbon emissions and habitat loss



A sign of hope — China investing in renewable energy solutions for a cleaner future

